

Volunteering in southern Africa

An overview of our projects 2016/17



Projects in and around Cape Town



Assist Women w. Special Needs



Category	Social volunteering
Minimum age	18 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	1

This project creates a comfortable, cozy atmosphere for the women at a home where they can build relationships with other women with similar conditions. Spend time exploring Cape Town with these women, teach them skills and enjoy the city with them.

Athlone Children's Home



Category	Social volunteering
Minimum age	18 years
Duration	From 8 weeks
Your impact	👏👏👏👏
Map reference	2

They provide full-time care for up to 49 babies and children from birth to five years of age. The children are either neglected, abandoned, abused or orphaned and are accepted at the home irrespective of HIV-status, race or gender.

Bird & Primate World



Category	Conservation
Minimum age	18 years
Duration	From 4 weeks
Your impact	👏👏👏👏
Map reference	3

Bird & Primate World is the largest bird park in Africa. Over 400 species are displayed in more than 100 spacious landscaped walk-through aviaries, allowing intimate closeness with nature.

Cape Nature Conservation



Category	Social/Conservation
Minimum age	18 years
Duration	From 4 weeks
Your impact	👏👏👏👏
Map reference	4

Volunteer at a reserve that aims to promote the conservation of the indigenous fauna and flora of the Zandvlei wetland in Mui-zenberg. The programme is very broad and every day will be a new adventure. Interact with people from across Africa and make a difference in the conservation of the reserve.

Children's Hospital



Category	Social volunteering
Minimum age	18 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	5

This is a voluntary support group to a children's hospital. It seeks to provide assistance and care for the patients and their families. The project is committed to helping make the hospital experience less traumatic.

Domestic Animal Rescue



Category	Conservation
Minimum age	17 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	6

This centre is a pro-life, nonprofit organisation whose core aim is to rescue, rehabilitate, re-unite and re-home lost, abandoned, abused and neglected dogs and cats.

Home for the Elderly



Category	Social volunteering
Minimum age	18 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	7

This organisation aims to provide all its residents with the highest standard of care and nursing within a homely environment, and to promote quality of life, the maintenance of independence, and the preservation of dignity.

Hout Bay Day Care



Category	Social volunteering
Minimum age	18 years
Duration	From 4 weeks
Your impact	👏👏👏👏
Map reference	8

This day care caters for the poor in a community near Hout Bay. They have 16 staff members, all from the community, and provide a safe learning space for 250 children aged between 10 months and 6 years while their parents are working.



Recovery Hospital



Category	Social volunteering
Minimum age	18 years
Duration	From 4 weeks
Your impact	👏👏👏👏
Map reference	9

Expert nursing and medical care is provided in a homely and loving environment for infants and children who are recovering from acute medical conditions. They are unable to return home for medical or social reasons.

Safe Haven



Category	Social volunteering
Minimum age	18 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	10

This project supports children in need and their immediate family in a dignified and compassionate manner and also provides a safe haven for abandoned and abused children. Join them and give a helping hand at their various projects.

Save the Seabirds



Category	Conservation
Minimum age	18 years
Duration	From 6 weeks
Your impact	👏👏👏👏
Map reference	11

The primary objective is to reverse the decline of seabird populations through the rescue, rehabilitation and release of ill, injured, and abandoned seabirds – especially endangered seabirds like the penguin and the cormorant.

Scuba Diving with Sharks



Category	Voluntourism
Minimum age	18 years
Duration	3 weeks
Your impact	👏👏👏👏
Map reference	12

Become an open water scuba diver. Dive with Cape fur seals, mako sharks, great whites and 7-gill sharks as well as explore the magical kelp forests. This comprehensive 3-week project is jam packed with adventure and amazing sea life.

Surfing Smiles



Category	Social volunteering
Minimum age	18 years
Duration	From 4 weeks
Your impact	👏👏👏👏
Map reference	13

Make a positive difference by using surfing as a tool to change the lives of Cape Town's underprivileged children. Spend hours surfing and playing with the kids on one of Cape Town's famous surfing beaches.

Teaching Centre



Category	Social volunteering
Minimum age	18 years
Duration	From 4 weeks
Your impact	👏👏👏👏
Map reference	14

This is an early intervention literacy programme. It supports children who are at risk in learning to read. To do this, the programme focuses on language enrichment, offering extra help and remedial assistance to children.

Projects in other parts of southern Africa

African Horizon



Category	Conservation
Minimum age	17 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	15

This animal rehab centre feeds and cares for stranded and injured animals. It boasts in excess of forty species of wildlife. Some animals that can't be free-roaming are kept in enclosures, but most of the larger animals roam freely.

Big 5 Rehabilitation



Category	Conservation
Minimum age	18 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	16

This centre is dedicated to rehabilitating endangered and injured animals and returning them back to the wild. The centre is home to a wide variety of reptiles, as well as to Bengal tigers, white lions and elephants. Thirty-five animals have been released ever since.

Bushman's Cave



Category	Conservation
Minimum age	18 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	17

This is a private nature reserve, and is home to free roaming but elusive indigenous predators such as the leopard, brown Hyena, and caracal. The mission is to release the cats back into a 'protected wild' where they will be interfered with as little as possible by humans.



Cheetah Conservation



Category	Conservation
Minimum age	18 years
Duration	3 weeks
Your impact	👏👏👏👏
Map reference	18

This facility is dedicated to the quest of ensuring the survival of rare, vulnerable and endangered species, particularly cheetahs. The programme aims to equip volunteers with the ability to actively participate in conserving the wildlife.

Conservation & Community



Category	Social/Conservation
Minimum age	18 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	19

The project contributes to the local community with various programmes, including a home for children affected by HIV and other vulnerable children. The project also cares for the wildlife in the area.

Garden Route Elephant Park



Category	Conservation
Minimum age	18 years
Duration	From 3 weeks
Your impact	👏👏👏👏
Map reference	20

This is a place of safety for elephants. The park started off with only two elephants in 1994, but they have since been joined by ten others. The park offers a rare and exciting opportunity to get close to these gentle giants.

Horse Project



Category	Conservation
Minimum age	18 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	21

This project takes place at the organic farming project. Volunteers will learn about caring for horses that live as naturally as possible, so are not stabled or shod and learn natural horsemanship techniques.

Jeffrey's Bay Kindergarten



Category	Social volunteering
Minimum age	18 years
Duration	From 4 weeks
Your impact	👏👏👏👏
Map reference	22

The project centres around a kindergarten school for disadvantaged children. The project provides education and stimulation and relies on basic aids to teach these children and provide an educational experience for them.

Kruger Horse Project



Category	Conservation
Minimum age	18 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	23

This project is set in beautiful surroundings, offering breath-taking scenery. The horses live a natural life with the wild horses of Kaapsehoop. This means that there are no stables for the animals at night as they sleep in the mountains.

Limpopo Primate Centre



Category	Conservation
Minimum age	18 years
Duration	From 4 weeks
Your impact	👏👏👏👏
Map reference	18

The centre has been involved with rehabilitation for 16 years, dealing originally only with monkeys but more recently with other animals too. Injured animals are treated at the centre and released back into the wild when strong enough.

Lowveld Rehabilitation Centre



Category	Conservation
Minimum age	18 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	18

This centre creates homes for orphaned, poisoned or injured wildlife, which due to their injuries will never be able to return to their natural environment. Rehabilitated wildlife will be reintroduced to their environment where possible.

Monkey Sanctuary



Category	Conservation
Minimum age	17 years
Duration	From 2 weeks
Your impact	👏👏👏👏
Map reference	24

The sanctuary caters for several species of primates. They are free to move about the forest. The sanctuary is funded through revenue from tourists. Anyone who can further environmental awareness will be considered.



Maps on
the reverse
side

Namibia Medical Project



Category	Medical volunteering
Minimum age	18 years
Duration	From 2 weeks
Your impact	👤👤👤👤
Map reference	25

The project is committed to improving the lives of the San community through education, healthcare and improved living conditions. The project aims to give the next generation of this poverty-stricken community the education, healthcare and help they need to survive and to build a brighter, healthier future.

Namibia Wildlife Conservation



Category	Conservation
Minimum age	18 years
Duration	From 2 weeks
Your impact	👤👤👤👤
Map reference	25

Their vision is an Africa where humans and wildlife can live and thrive together. Their mission is to conserve the land, cultures and wildlife of Namibia and rescue species threatened by an ever-shrinking habitat.

Organic Farming



Category	Organic Farming
Minimum age	18 years
Duration	From 2 weeks
Map reference	21

The project aims to farm holistically, applying techniques of biodynamic and astrological farming to rehabilitate this farm, its soil and its unique ecosystem. In keeping with these goals, there are both animals and plants on the land.

Protecting Children



Category	Social volunteering
Minimum age	18 years
Duration	From 2 weeks
Your impact	👤👤👤👤
Map reference	24

Situated on the famous Garden Route, the project is home to 23 children. These children were potential or actual street children, but with a lot of love and care the project has managed to get them all to go to school on a daily basis.

Shark Project



Category	Voluntourism
Minimum age	18 years
Duration	From 2 weeks
Your impact	👤👤👤👤
Map reference	26

This project aims to study sharks and to bring tourists closer to them. The project operates one boat for scientific research and several boats for tourist activities. Volunteers are primarily here to work closely with sharks and tourists.

Surfing with Kids



Category	Social volunteering
Minimum age	18 years
Duration	From 6 weeks
Your impact	👤👤👤👤
Map reference	27

This programme teaches surfing to underprivileged youth from a rural area in Mosselbay. Surfing keeps them out of trouble and away from drugs by giving them support and a chance to develop. Volunteers learn to surf and at the same time teach kids to surf; assist with beach games, yoga, swimming lessons and help with after-school homework.

Valley of a 1000 Hills



Category	Social volunteering
Minimum age	17 years
Duration	From 2 weeks
Your impact	👤👤👤👤
Map reference	28

Through skateboarding, this project brings together people from diverse backgrounds. Skateboarding gives rural and vulnerable youths self-esteem and pride. It keeps them off the streets and out of trouble and brings them a sense of freedom, possibility and purpose.

White Lion Project



Category	Conservation
Minimum age	19 years
Duration	From 2 weeks
Your impact	👤👤👤👤
Map reference	18

This project's objective is the reintroduction of White Lions back to the wild. Participants have a unique opportunity to gain hands-on game-ranging experience whilst making a valuable contribution to conservation.

Wild Cats

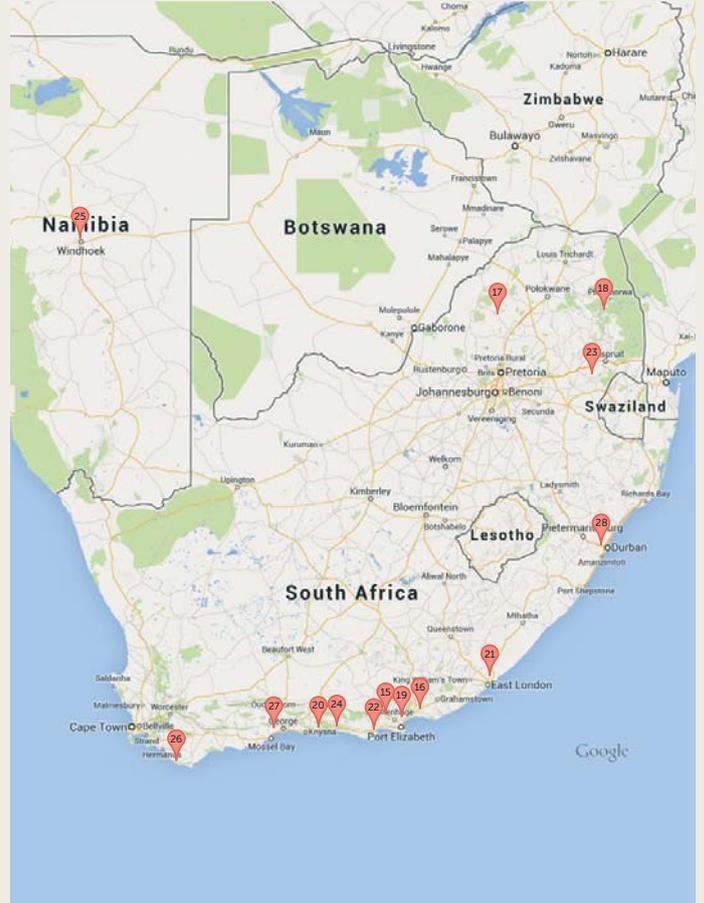
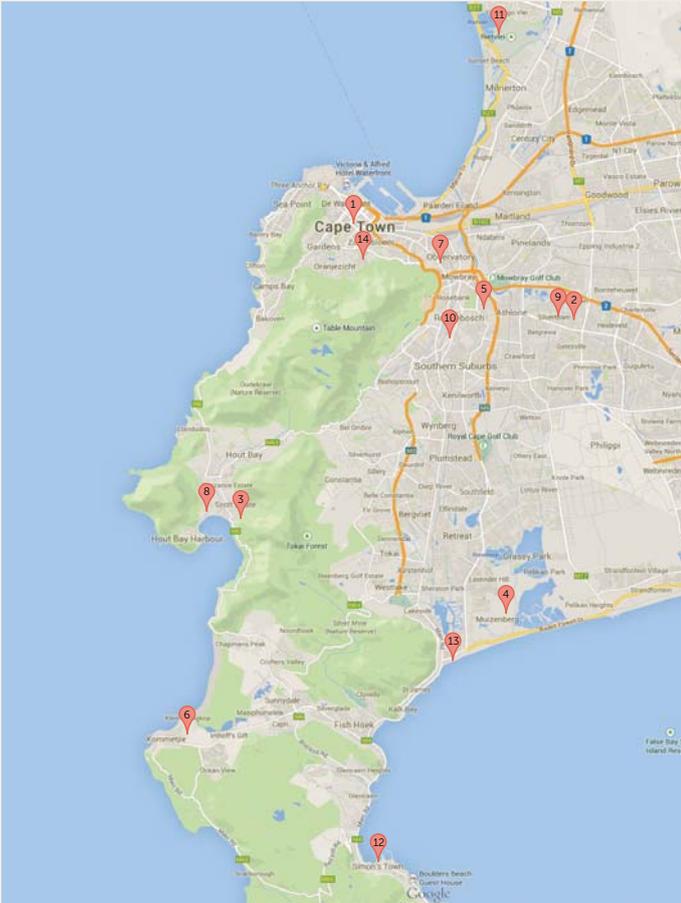


Category	Conservation
Minimum age	18 years
Duration	From 2 weeks
Your impact	👤👤👤👤
Map reference	24

The Sanctuary hosts a variety of Big Cats, including Lions and Tigers. The focus is on conservation education and specifically the plight of large predators in captivity. At the sanctuary you get to work with these magnificent creatures, but also to educate children from the local community about them.



Maps



Other Services we offer



Study English in Cape Town

Good Hope Studies operates two English language schools in Cape Town. One school is situated in the beautiful residential area of Newlands and the other one in the city centre on a pedestrian road.

We offer short-term and long-term programmes for General English as well as exam preparation courses, business courses and university pathway courses.

Our schools are well-known for the professional, but relaxed environment in which it is both challenging and fun to learn. Students from up to 50 different countries benefit from our courses each year.

Teacher Training Courses

Good Hope Studies runs the CELTA and Delta Module courses, both approved and moderated by the University of Cambridge ESOL.

These courses are internationally the most widely recognised qualifications in the field of Teaching English to Speakers of Other Languages.