Volunteering 2023

South Africa Namibia Botswana

sikhula sonke growing together











As with our projects, we are very happy that international volunteers have returned in great numbers in 2022 after the pandemic. The crisis has hit our projects hard and volunteers are needed now more than ever.

In 2023 we will be introducing some new and exciting projects that provide a unique experience to volunteers and support a good cause. These are, after all, the two main criteria for choosing the projects we support.

As responsible travellers, our volunteers are strongly advised to arrive fully vaccinated, avoid unnecessary risks of being infected and get tested when

needed. Some of the communities we are working with are vulnerable and deserve special protection.

We have 28 years of experience in bringing young international travellers to South Africa and 14 years of experience in sending volunteers to projects. As a local provider, we pride ourselves on being involved with and knowing all our projects personally.

We look forward to getting to know you and to supporting you through this experience.



Join us and become a Good Hope Volunteer

Be passionate about a cause

All of our projects provide services vital to the communities and the environment in which they are based. Volunteers play an integral part in the services offered, and your help is needed! A portion of your fee goes towards the upliftment of the community or project you work at as well as your passion to serve, so you get to leave Africa knowing you have made a difference!

Anyone can get involved

We have selected and developed projects located in environments that are suited to all, whether you are a tourist, a solo traveller, a student, or coming as a family. We offer everything from budget experiences to premium projects. All you need in order to apply is a good command of the English language and be at least 18 years of age. Our projects attract volunteers from dozens of different countries, allowing you to make life-long friends from across the globe.

We will find the right project for you

Applying to Good Hope Volunteers is free! Allow us to walk you through our application process to best determine which projects will be most suitable for your goals and needs.

We come highly recommended

For over 20 years, the Good Hope brand has been creating experiences and supporting students and volunteers from all over the world. We have been actively involved in changing the lives of thousands of students embarking on the adventure of a lifetime through meaningful travel in southern Africa. Read through some of our many testimonials to see for yourself!

We offer a wide variety of project options

We offer projects in South Africa, Namibia and Botswana. The experiences range from community-driven social projects to those that focus on environmental and conservation initiatives. Wherever your passions lie, Good Hope Volunteers will match you up with the right project at a fair cost.

We are passionate about volunteering

We are an experienced and motivated team with years of practice operating and travelling throughout southern Africa. We are small and flexible enough to meet your personal needs but also large enough to offer you a full range of support services. We will be on hand to help you every step of the way, from visas to airport transfers, accommodation options to advice and around-the-clock on-the-ground support.

Social volunteering



Caring for the Elderly Cape Town, South Africa from 18 years your impact:

from 2 weeks all year round

Choose this if you love working with the elderly

This organisation aims to provide all its residents with the highest standard of care and nursing within a homely environment, and to promote quality of life, the maintenance of independence, and the preservation of dignity. Volunteers work with residents who come from all walks of life and socioeconomic backgrounds.



Community Children's Project
Near Plettenberg Bay, South Africa
from 18 years
your impact: *****
Feb - Nov

Child programme on the Garden Route

Work in a rural township community on the Garden Route where you will support children from the ages of 2 to 6. Volunteers provide basic day care and assistance with daily developmental programmes. This project requires lots of handson work both in the classroom and outdoors.



Hout Bay Children's Programmes

Hout Bay near Cape Town, South Africa from 18 years from 4 weeks your impact: ******** Feb - Nov

Combines two projects; well run

This project caters for the children in a developing community near Hout Bay. As a volunteer, you spend mornings caring for young children while their parents are at work. Afternoons are spent in an aftercare programme that assists older children with their homework and creative activities once school has finished. Meals are also provided daily for the children.





Nyanga Upliftment Project

Cape Town, South Africa from 18 years your impact: **VVVV**



Township programme

Volunteers joining this multipurpose facility can assist with education and social welfare programmes as well as outreach work focused on health and economic development. This project is set in Nyanga, a township in Cape Town where there is a great need for volunteering.



Protecting Children Plettenberg Bay, South Africa from 21 years your impact: ********* mic

from 2 weeks mid Jan - mid Dec

Assist children while enjoying the Garden Route

Caring and loving volunteers help the staff at this unique organisation empower vulnerable children. The focus is to provide quality education and developmental programmes so that children reach their full potential and grow to become leaders in their communities.



Special Needs Care Centre

Cape Town, South Africa from 18 years your impact: VVVVV

from 2 weeks all vear round

Working with disabled kids

This centre exists for a small percentage of the many marginalised people in the Cape Town community and provides specialised care for 90 profoundly intellectually and physically disabled citizens. Make a real difference in the life of someone who needs it most!

Social volunteering



Urban Farming Cape Town, South Africa from 18 years your impact: ********

Farming project in Cape Town

Set in the heart of Cape Town, this unique urban farming project will allow you to experience sustainable farming, education, and health promotion. The project encourages change in the way the public sees food production and purchasing and also teaches the community where our food really comes from, and how it can benefit and sustain the city and the families that live here.

from 2 weeks

all year round



Combine volunteering with a language course



When you volunteer, it is essential that you are able to communicate clearly with your supervisor, colleagues and the people you are helping. A good command of English is therefore required for all projects.

If you need to brush up on your English skills, add a language course before you start volunteering. Doing this will also give you a chance to get accustomed to the country before you start at your project.

If your level of English already meets the minimum criteria, you may want to

combine an English language course in the morning with volunteering in the afternoon.

Our sister company, Good Hope Studies, operates an English language school from two campuses in Cape Town: one campus is situated in the leafy residential area of Newlands and the other is in the vibrant city centre on a pedestrian walkway.

Our school is well-known for the professional yet relaxed environment in which learning is both challenging and fun. Students from up to 50 different countries benefit from our courses each year.

Our story

In 1994, Wolfgang Graser and Alexander Kratochwil moved from their home in Vienna to the beautiful city of Cape Town. They quickly fell in love with this vibrant city and its friendly, smiling people. They first opened an English language school for foreign tourists to learn English, but soon they discovered that behind the shiny places there are enormous problems and challenges that this country faces for historic reasons. They met with organisations that assist government in the struggle for a better life and a better environment.

When you see what these organisations do, it's not difficult to feel moved and share in their desire to help. They can't solve all problems overnight, but they do make an impact and do change people's lives on a daily basis. What they need, though, are volunteers who share their passion to help and who want to make a difference.

In 2009, we started to supply some of these organisations with international volunteers. What we specifically loved was not only seeing these organisations thrive with the volunteers but also noticing how the volunteers themselves benefit hugely from the experience.

Over the years, we developed Good Hope Volunteers into a larger and more professional organisation. With our passion for communities, animals, and the environment, we have developed Good Hope Volunteers into a top service provider in this field.

Since the onset of the world-wide COVID-19 pandemic in late 2019, a new challenge to sustainable tourism has been issued, and even more so to our projects. Some of them have had to close due to underfunding or lack of international volunteers.

Today we support around 30 projects in southern Africa. Most of them are able to welcome volunteers again; some are only available to volunteers who are fully vaccinated. If you are looking for a life-changing experience, then allow us to assist you in finding the most suitable project on our website and beyond.

Conservation volunteering

2 - 12 weeks

all vear round



African Cat Sanctuary

Stanford, South Africa from 18 years your impact: VVVV

Well-managed project

This sanctuary creates a safe and secure home for captive-bred big cats and raises awareness about the ethical and holistic treatment of animals. This 40-hectare paradise provides a beautiful home for the animals and volunteers are involved in their day-to-day care and protection as well as the education of the public to the plight of Africa's Big Cats.



African Wildlife Experience

Near Oudtshoorn, South Africa from 18 years your impact: **VVVV**

Africa from 2 weeks all vear round

Conservation of African wildlife

A project that believes in a world where humans and nature can live together in harmony. Volunteers will have the opportunity to work with some of the most amazing wildlife species in Africa such as lions, rhinos, elephants, giraffes, cheetah, meerkats and many other indigenous species. Volunteers live and work on a working game reserve.



Big 5 Game Reserve Conservation

Near Port Elizabeth, South Africa	
from 18 years	from 2 weeks
your impact: ♥♥♥♥	all year round

A big 5 game reserve where wildlife roams free

Suited for volunteers interested in having a truly African experience on a game reserve where the big 5 wildlife roam free. By participating in this project you will be involved in the day to day tasks of managing a big 5 game reserve. Your contribution will be valuable when caring for wild animals who need rehabilitation and animal husbandry. You will not only be making a difference in the lives of the local wildlife, but also the conservation of several plant and animal species.



Namib Wilderness Experience

Karas District Helmeringhausen, Namibia from 18 years from 2 weeks your impact: *** all year round

Wildlife conservation in a national park

This project is situated in a national park in the south of Namibia. The area boasts with a unique landscape with red sand dunes, vast open grass plains and imposing mountain ranges. You will be involved in the day-to-day managing of desert-adapted wildlife and a variety of conservation activities. These activities may involve game counts, monitoring and setting up infrared camera traps, environmental rehabilitation, night drives and sleep-outs under the stars.



Ocean Conservation Plettenberg Bay, South Africa from 18 years from 2 weeks your impact: VVV mid Jan - mid Nov

Assist with serious research

This foundation is dedicated to the conservation of the marine environment in South Africa through research, willingness to help, and dedication. You can make a real change for the future of South Africa's beautiful coastline and at the same time enjoy seeing whales, dolphins, seals and seabirds in their natural habitat.



Scuba Diving Conservation

Sodwana Bay, South Africa from 18 years your impact: n/a

2 - 12 weeks Jan - Nov

If you love diving

Those who can't dive will have a dive course first. Volunteers dive every morning during the week, collecting photographic data on turtles, mantas, whales and ragged-tooth sharks. Later in the day the collected data will be entered into a database.



Shark Project

Closest town: Gansbaai, South Africa from 18 years from 2 weeks your impact: VVV all year round

Observe these fascinating animals

An ocean-based project which aims to unite scientific research and public participation in the protection of South Africa's great white shark. Volunteers are primarily here to work closely with sharks and tourists and in doing so increase awareness of these wonderful creatures.



Wildlife Conservation Closest town: Windhoek, Namibia from 18 years your impact: ********* a

2 - 12 weeks all year round

Wildlife in Namibia

Their vision is an Africa where humans and wildlife can live and thrive together. Their mission is to conserve the land, cultures and wildlife of Namibia and rescue species threatened by an ever-shrinking habitat.



Wildlife Research Project

Mossel Bay, South Africa from 18 years your impact: VVVV

from 2 weeks all year round

Handson experience on conservation & research

This is a great opportunity to get involved in the conservation of African wildlife and ecosystems. Not only are volunteers directly involved in protecting and studying African wildlife and ecosystems, but they also undergo educational sessions where the focus is on teaching the bigger picture through a better understanding of conservation biology, animal behaviour, animal ethics and the many areas of conservation.

Conservation volunteering



 Wine and Wildlife Experience

 Maltahohe District, Namibia

 from 18 years
 from 2 weeks

 your impact: n/a
 all year round

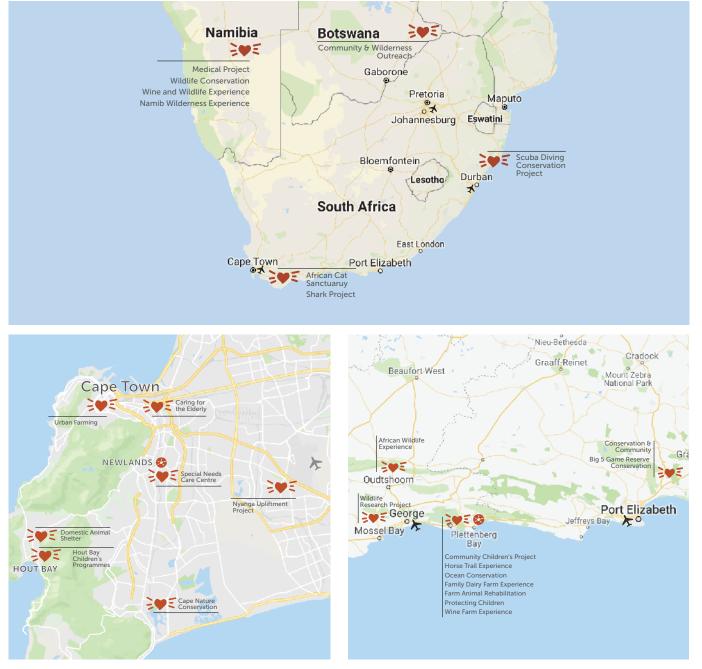
A week of pure adventure awaits

During a fun filled adventure week, you will be immersed in nature and amazed by the beautiful scenery that the Hardap Region has to offer. There are a number of off-site excursions, which will need to be paid for in addition, while you are at the project. An intermediate level of fitness is required for this week full of adventures.



Ms Sarah Booth, Product and Sales Manager at Good Hope Volunteers:

"The world we live in today is a fragile place. Devoting time and resources to projects who try to protect and serve our delicate wildlife and communities is something everyone can help with. Thereby building a brighter future for generations to come. Travelling responsibly and leaving a lasting beneficial impact on the places we visit is becoming increasingly important. Having been a volunteer and also having managed volunteer projects, I see how both parties' benefit; as a volunteer, you are surrounded by like-minded individuals, so are guaranteed to make lasting friendships, but you also give back to vital causes. I feel privileged to be able to assist Good Hope Volunteers with its growth, and to allow us to focus on supporting volunteer projects which meet the strict ethical standards which we advocate. Thereby ensuring that something lasting is achieved, not only by me, but by our volunteers and partners."



Other categories



Cape Nature Conservation Muizenberg, South Africa from 18 years from 2 weeks

from 18 years from 2 weeks your impact: ******** Sept to June

Combine social with conservation volunteering

Volunteer at a reserve that aims to promote the conservation of the indigenous fauna and flora of the Zandvlei wetland in Muizenberg. The programme is very broad and every day will be a new adventure. Interact with people from across Africa and make a difference in the conservation of the reserve.



Community&Wilderness Outreach

Tuli Block, Botswana from 18 years your impact: ♥♥♥♥♥

4 to 12 weeks mid Jan - mid Dec

Combine social with conservation volunteering

This is a unique project that focuses on building relationships between communities, families, and the animals and owners of game reserves in rural Botswana. It also offers support programmes and educational outreach activities in the hope of bridging the delicate gap between all members of this unique environment.



Conservation & Community

Paterson, South Africa from 18 years your impact: VVVV

from 2 weeks all year round

Combine social with conservation volunteering

This project offers a rare opportunity to combine community development and environmental protection. Volunteers will work directly with children from a local care facility as well as support environmental conservation efforts on a working game reserve.



Domestic Animal Shelter

Hout Bay near Cape Town, South Africa from 18 years from 2 weeks your impact:

For the love of domestic animals

This centre is a pro-life, nonprofit organisation whose core aim is to rescue, rehabilitate, reunite and re-home lost, abandoned, abused and neglected dogs and cats. Volunteers make a marked difference to the lives of the animals here and need to have patience and a deep love for the work they will do.



Family Dairy Farm Experience The Crags near Plettenberg Bay, South Africa

from 18 years 2 - 12 weeks your impact: n/a mid Jan - mid Dec

Work on a dairy farm

The farm is a family-run dairy farm that has successfully grown from its original mixedagriculture and milk production activities to a highly popular farmstall and coffee shop offering a wide assortment of produce for retail and in-house consumption, plus an established horticultural seedling and plant retail nursery.



Farm Animal Rehabilitation

Plettenberg Bay, South Africa from 18 years your impact: VVVV

from 2 weeks mid Jan - mid Dec

For the love of farm animals

This heartfelt project's mission is to relieve the suffering of overworked and abused carthorse donkeys by providing them with a forever home. The sanctuary is dedicated to the wellbeing of all rural animals, rescued from farms and a life of hardship. Animals at the sanctuary include donkeys, horses, cattle, ostriches and even a domesticated zebra, all rescued from suffering.



Horse Trail Experience

Plettenberg Bay, South Africa from 18 years from 2 weeks your impact: n/a mid Jan - mid Dec

If you love horses

Provide care and assist in the all-round functioning of the stables and outride & polo horse herd based along a 260-ha estate along the beautiful Garden Route. Some are well-experienced trail outride mounts, others are still in training, needing additional attentive care, handling and lunging. Some horses were rescued and rebuilding the human-horse trust element is crucial.



 Medical Project

 Omaheke Region: Epukiro, eastern Namibia from 18 years
 2 - 12 weeks

 your impact: *****
 mid Jan - mid Dec

Medical volunteering

The project is committed to improving the lives of the San community through education, health care and improved living conditions. The project is a great choice for volunteers with an interest in health care, community service, nutrition and medicine. However, having medical experience is by no means a requirement to take part. Anyone is welcome.



Wine Farm Experience

The Crags near Plettenberg Bay, South Africafrom 18 years2 - 12 weeksyour impact: n/amid Jan - mid Dec

Work on a wine farm

This farm is a family-run boutique wine estate that has successfully grown in size and reputation since its beginnings in 2008. They also assist the historically disadvantaged local community by constantly helping community members to participate in the local economy.







Agency Stamp



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